



# TAV Beach

**Beach Practice Days:  
Tue – Thurs: 6 to 8pm**

**Seasonal Training: 11 weeks Season \$900 per Season - \$300 Deposit / \$300 June 1<sup>st</sup>, / \$300 July 1<sup>st</sup>**

TAV Beach program will start with the Summer season. This is the kick off to TAV Beach going year around. This program is more for the players that want to play both indoor and beach. You can sign up just for one season at a time Summer, Fall, Winter, Spring. Practice are twice a week and players can compete in as many tournaments as they would like. The practice sessions will cover game theory, conditioning, and technique geared to the beach doubles game. Tournaments normally run over the weekends, tournament entry fees are not included in the price; they are an additional cost.

**Elite Beach Squad: ([Registration at Indoor try-outs](#) /// Season - November 5, 2016 to July 29, 2017)**

Designed for players that are either sand-only or able to maintain a high-level of year-round commitment to sand volleyball. The Elite Beach Squad gives athletes the opportunity to play beach volleyball at a competitive level. Our program puts athletes in a high speed conditioning, and technique geared to the beach doubles game. Includes 2-3 days/week of practices, tournament coaching, training/competition gear, sports psychology, college recruitment support, Travel tournaments – tournaments will be limited as far as Summer 2016 goes. There are usually 1 to 2 Travel tournaments in the Fall. Beach Club Season Starts in November through end of July. Players will be invited to attend Cali Beach House College Coaches Camp, this is an additional cost. Beach Players will attend 1 of the 3 Championships, USA Beach Nationals / AAU Beach Championships / or NVL Rize Beach Championships, all of them fall on the last couple weekends of July.

**Summer: May 17, 2016 – July 28, 2016 (11 weeks) – Registration in open all week.**

**Fall: August 21, 2016 – October 30, 2016 (10 weeks / Players can sign up for 1 or 2 day practices during the Fall)**

**Winter: November 6, 2016 – February 5, 2017 (10 weeks)**

**Spring: February 12, 2017 – May 4, 2016 (12 weeks)**

**Adult volleyball: Info Coming Soon!**

Advantage Sports Complex offers adult and Junior leagues for the Competitive player or for beginners, they also offer corporate rentals or corporate private leagues. Please visit TAV Beach home page for league and upcoming information.

**[www.ascvb.com](http://www.ascvb.com)**

All Players will receive Nike TAV beach gear!

Gear includes: Molten BV5000 / Tanks / Backpack /

**Registration: Opens Tuesday May 17, 2016 at 5pm at  
Fellowship Church**